

# KAWANA WATERS Surf Life Saving Club

[www.kawanasurfclub.com.au](http://www.kawanasurfclub.com.au)

## 2017 – 2018 Junior Activities (Nippers) Handbook



### Kawana Water Surf Life Saving Club

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# Contents

WELCOME .....	1
ABOUT KAWANA WATERS SLSC .....	1
SCREENING POLICY .....	1
SUNDAY MORNINGS .....	2
Nipper Behaviour .....	3
Attendance .....	3
Photography .....	3
BBQ .....	3
Beach and Water Set Up / Pack Up .....	3
Beach Events.....	3
Boards .....	4
Board Lease .....	4
MID WEEK CLUB SESSIONS .....	4
NIPPERS AGE GROUPS.....	5
Under 6 & Under 7 Policy .....	5
SKILLS EVALUATION .....	5
Swim Evaluation .....	5
Beach Evaluation (Run Swim Run).....	6
Competition Evaluation .....	6
SURF EDUCATION AWARDS .....	6
EVALUATION TABLE .....	7
SURF EDUCATION ACTIVITIES .....	8
FOR PARENTS / GUARDIANS .....	9
AGE MANAGERS.....	10
WATER SAFETY POLICY.....	11
ALTERNATE LOCATIONS FOR NIPPERS ACTIVITIES & TRAINING .....	11
SURF SPORTS INFORMATION.....	11
Carnivals .....	11
Carnivals – What Happens, What Do I Do? .....	12
Carnival Duties .....	13
Selection Criteria – Teams/Individuals .....	13
Selection Criteria - Branch & State Titles (11-14 Yr Olds).....	13
Midweek Training.....	14
BOARD POLICY 2016/2017.....	14
Junior Foam Boards (U9 To U10).....	14
Junior Fibreglass Boards (U11-U13) .....	14
Junior Mal Boards (U14).....	14
GENERAL INFORMATION .....	15
Membership Fees.....	15
Volunteer Levy .....	15
Committee Meetings .....	16
Asthma/Medical Condition.....	16
Uniform .....	16
Fundraising .....	16
Supporters Club.....	16
END OF SEASON TROPHIES/AWARDS .....	17
BECOMING A SURF LIFE SAVING SURF SPORTS OFFICIAL .....	17
NOTES.....	

## **WELCOME**

On behalf of the Kawana Waters Surf Life Saving Club (SLSC) and the Junior Activities Committee (JAC), welcome to the 2017-2018 season. Junior Activities (Nippers) is a rewarding experience for the whole family teaching both children and parents beach and water skills. Members learn the fundamentals of surf safety, how to master the challenge of surf craft and to have fun and make new friends.

The Club's goals are to promote:

Surf Skills  
Self Esteem

Surf Awareness  
Friendship

Confidence  
Enjoyment

This Handbook contains information that will assist you and your child to understand the Australian Surf Life Saving Club movement and provides details of the steps the Club takes to ensure members' safety both in and out of the water; how Sunday beach days are organised and; provide a general overview of the competitive segment of Nipper involvement.

This Handbook contains much of the information you will need to make this a successful season, please keep it as a handy reference guide. If at any time you have a question your Age Manager or Committee Members will be happy to help you.

Nippers offers a safe, friendly and welcoming environment for you and your child. Our focus is on having fun, teaching and enhancing skills. We hope you and your family enjoy being members of Kawana Waters SLSC.

## **ABOUT KAWANA WATERS SLSC**

Kawana Waters SLSC was founded in 1980 by the local Apex Club as a result of two tragic drownings. From this, the Club offers Beach Patrols to the Buddina Beach with patrols commencing in September each year and finishing in May the following year. Last season there were approximately 160 patrolling members who worked hard throughout the season to once again meet our target of zero drowning's within our patrolled area.

We are a small family oriented club with most of the work being carried out by dedicated volunteers with equipment and operating expenses being paid from donations, sponsorship, fundraising activities and support from the Club's licensed Supporters Club.

Our Club colours are red, blue, and yellow.

## **SCREENING POLICY**

Surf Life Saving at all levels is committed to the health, safety and wellbeing of all members and is dedicated to providing a safe and enjoyable environment for participants in surf lifesaving activities.

All Nipper parents and guardians are required to obtain a Suitability Card (Blue Card). The purpose of the blue card system is to contribute to the creation of safe and supportive environments for children and young people when receiving services and participating in activities which are essential to their development and wellbeing.

In compliance with the Commission for Children and Young People Act 1998, the Club, for the 2017 – 2018 season, requires that each member, parent or guardian complete and sign a "Volunteer Blue Card Application Form". It is an offence for prohibited persons to sign this declaration or to apply for or attempt to obtain, undertake or remain in child-related employment in any capacity, whether paid, volunteering or self-employed. This means that if a member/potential member will not complete and sign the form their application for membership or renewal will be rejected.

Information regarding Blue Cards and Child Protection Policy can be found online at [www.bluecard.qld.gov.au](http://www.bluecard.qld.gov.au). Forms are available at the Club website or Club office, please feel free to email your request for a copy or call into the office during opening hours.

## SUNDAY MORNINGS

- Nippers assemble at 7:45am. Children should assemble in their age groups on the grassed area at the rear of the Surf Club building where Age Managers will mark the roll.
  - It is mandatory for all nippers to wear a high vis pink singlet or pink rashie on Sunday mornings.
- Nippers is almost always on: If the weather is unsuitable Members will be advised via the Team APP as to whether the morning's activities are either to be cancelled or relocated to an alternate venue. Please refer to this link as the App will be updated: <https://kawananippers.teamapp.com/>
- Announcements and important information for Nippers and parents/guardians is communicated at the start of the day. Please be on time and listen to these announcements so that you are aware and up-to-date with all matters concerning your child.
  - Children must wear their Kawana Waters SLSC caps/pink singlet or rashie during Nipper days, during training and when participating at carnivals. Caps are to be removed on signing out with your Age Manager at the end of Nipper days and Carnivals so that we know children are under parental supervision.
  - It is important to label all clothing.
  - Children should have sunscreen applied prior to the commencement, and throughout the morning of Nippers and rash shirts are *strongly recommended*.
  - Children should bring a named water bottle to Nippers. These will be placed in a "cool" bag and located close to your child whilst they are participating in Nipper activities.
  - Under the guidance and supervision of their Age Manager, children will then take part in fun on the beach and in the water.
    - **PLEASE NOTE** : If your child is not a competent swimmer it is highly recommended that they are placed into a swimming squad at their local pool. The focus of Nippers is to introduce surf skills and awareness not to provide "how to swim" lessons.
  - If your child has to leave the designated area at any time during the Nippers session they are required to obtain permission from their Age Manager and may only leave with a designated parent or guardian. This procedure is to ensure the safety of your child at all times.
  - In addition to Age Managers, there are senior members and coaches who will assist in the training of disciplines or events. All children are encouraged and supported to participate fully in all activities.
  - **During Nippers a parent or guardian is required to be on the beach at all times.** Nippers is not a child- minding service.
  - At the end of the day's events, parents must mark their child off the roll. Once a Nipper is with their parent, they must remove their Nipper cap so that we know children are under parental supervision.

## **Nipper Behaviour**

It is important that Nippers follow the instructions of their Age Managers, Team Managers, Instructors, Coaches, Water Safety volunteers, Parents, Coordinators, BBQ Roster volunteers and any other volunteers at all times and listen to what is being said. If required a parent may be asked to remove their child from the group to ensure the safety of others and minimise disruptions.

## **Attendance**

- Children must have their name marked ON and OFF the roll with their respective Age Manager each week.
- Awards are given at the end of the season to all children who have attended 50% or more Sunday mornings (including inter-club activities).

## **Photography**

For the safety and security of all our children, parents are asked to refrain from taking photos of Nippers activities. The Club Photographer may be able to assist you with specific photos if required. If you should notice any suspicious behaviour by individuals with or without cameras please report to your Age Manager or Committee Members so it can be dealt with appropriately.

The Club arranges a photography day to take both Age Groups and individual photos of our Nippers. These make great keepsakes and fabulous gifts.

Please pre-order online at <http://www.kawanasurfclub.com.au/content/club-photo-0>

## **BBQ**

The weekly BBQ is the primary source of fundraising for Nippers. Funds are always needed to repair, replace and update the equipment and training gear for Nippers. Fundraising also pays for the end of season party and the purchase of trophies and medallions.

A roster for BBQ assistance will be completed at the beginning of the Nipper season. Please ensure that you look at the roster to see when you have been nominated. Even if it is not your rostered week and you see that the BBQ workers need assistance, please help if you can.

## **Beach and Water Set Up / Pack Up**

Help is needed every week, from about 7:00am onwards, to set up the beach and to ensure that everything is packed up at the end of the morning.

A roster will be established at the beginning of the Nipper season. Please ensure that you look at the roster to see when you have been nominated. Even if it is not your rostered week and you see that assistance is required, please help if you can.

## **Beach Events**

Beach events include:

- **Beach races** – running over a set distance on the sand.
- **Flags** – lying flat on the sand, then getting up and running a short distance to grasp lengths of hose standing in the sand. The event is run over a number of rounds with a child eliminated each round until there is an eventual winner.
- **Beach relays** – teams of four run a relay over similar distances to the beach races.
- **Surf Wade** – running through shallow water around a heavily supervised course (usually for younger age groups).

## **Boards**

Nippers has a range of boards suitable for all levels of expertise.

- Foam Boards are for Under 8, Under 9 and Under 10's
- Fiberglass boards are for Under 11, Under 12 and Under 13's
- Mals are for Under 14's only

Under 8's do not compete at external carnivals on boards; all other age groups must use the boards as specified above.

## **Care of Equipment**

Training and competitions equipment is expensive both to purchase and to repair. It is important that these items and all other gear and equipment is handled and cared for correctly.

- Boards should be carried, not dragged, and should be laid fin up on the sand. They should not be sat on and it is not wise to leave them lying in direct sunlight for a long time as this causes them to bubble.
- Nippers must not stand on foam boards whilst riding them. They are not designed for that kind of treatment.
- All damages and losses must be reported immediately to the Gear Steward, Age Manager or Team Manager.

## **Board Lease**

Boards are available to lease for the Nipper season at the following rates. Please see the Club's JA Gear Steward if you are interested in leasing a board for the 2017 – 2018 Nipper season.

Further information about leasing boards including rates can be found at

[http://www.kawanasurfclub.com.au/sites/default/files/docs/nipper\\_board\\_lease\\_form\\_2017-2018.pdf](http://www.kawanasurfclub.com.au/sites/default/files/docs/nipper_board_lease_form_2017-2018.pdf)

## **MID WEEK CLUB SESSIONS**

- The Club provides training sessions during the week, on nominated days. Mid weeks sessions are generally for advanced paddlers or competitors, other than nominated beginner's group sessions.
- Nippers' are expected to have their own, or leased, board to participate in midweek sessions. This will enable training to be easily relocated at short notice and still able to commence on time.
- The use of Club equipment outside Nipper mornings must be arranged through the Gear Steward. Equipment must be signed for by a parent or guardian who will then be responsible for its return in good condition.

## NIPPERS AGE GROUPS

Nippers is divided into nine age groups, ranging from Under 6's (U6) through to Under 14's (U14). The age group is determined by the child's age at midnight 30 September each year.

Age Group	Oct	Nov	Dec	Jan	Feb	Mar	Apr	May	Jun	Jul	Aug	Sep
U6	2011	2011	2011	2012	2012	2012	2012	2012	2012	2012	2012	2012
U7	2010	2010	2010	2011	2011	2011	2011	2011	2011	2011	2011	2011
U8	2009	2009	2009	2010	2010	2010	2010	2010	2010	2010	2010	2010
U9	2008	2008	2008	2009	2009	2009	2009	2009	2009	2009	2009	2009
U10	2007	2007	2007	2008	2008	2008	2008	2008	2008	2008	2008	2008
U11	2006	2006	2006	2007	2007	2007	2007	2007	2007	2007	2007	2007
U12	2005	2005	2005	2006	2006	2006	2006	2006	2006	2006	2006	2006
U13	2004	2004	2004	2005	2005	2005	2005	2005	2005	2005	2005	2005
U14	2003	2003	2003	2004	2004	2004	2004	2004	2004	2004	2004	2004
U15	2002	2002	2002	2003	2003	2003	2003	2003	2003	2003	2003	2003

### Under 6 & Under 7 Policy

- Minimum age of joining is 5 years as at midnight 30<sup>th</sup> September 2017
- Must wear a fluorescent green cap and a pink singlet or pink rashie
- One parent/guardian of an Under 6 & Under 7 **MUST** be with their child(ren) at all times on Sunday mornings
- Parents/guardians of Under 6 & Under 7 must be registered members of the Club
- Under 6 & Under 7 DO NOT take part in ANY external competition.

## SKILLS EVALUATION

### Swim Evaluation

Many activities that will be completed by children as part of Nipper activities will be conducted in the water. To ensure that all children have a suitable swimming ability to allow them to participate in these activities, SLSQ has developed a Junior Preliminary Skills Evaluation for each age group.

Every Nipper is required to participate in the Pool Evaluation, **PRIOR** to any Nipper activities being undertaken. It includes a pool swim, and a timed survival float.

The pool proficiency **MUST** be completed before your child can participate in **ANY** Nipper activities. The chart below outlines the mandatory minimum requirements.

Any child who does not meet the required Pool Evaluation level cannot participate in any Nipper activities until the child can successfully complete the Pool Evaluation.

## **Beach Evaluation (Run Swim Run)**

A Run, Swim, Run is defined as a continuous beach run, open water swim completed by using a continuous over arm stroke and another continuous beach run measured to the specified distance relevant to each Nipper age group.

The beach proficiency (Run Swim Run) must be completed and signed off by the Director of Surf Sports, Training Officer or Club Coach before your child can nominate for a Carnival or be eligible for an award.

All children must complete the Beach Evaluation successfully to continue participating in all learning outcomes for their respective Surf Education Award and progress to age group appropriate water based junior activities noting the SLSA Water Safety Policy requirements.

Any child who does not meet the required beach evaluation level, and have it recorded on Surfguard, will require a higher level of supervision when involved in water based activities at the discretion of the Club. It is a requirement that these children must be supervised with a 1:1 ratio until the child can successfully complete the Beach Evaluation. Those Nippers who do not complete the Beach Evaluation and have it recorded on Surfguard are ineligible to partake in intra-club water based competitions and cannot gain their relevant Junior Age Award.

## **Competition Evaluation**

From the age of 7 (under 8) juniors may begin to compete in inter-club competitions. To ensure that all junior members who wish to compete have the ability, strength and fitness standard to complete the course they must be able to complete the junior competition evaluation for their age group.

The junior competitions evaluation is based on the swim competitions distances as set out in the SLSA Surf Sports Manual for that age group and is a minimum standard guideline in the form of an open water swim.

## **SURF EDUCATION AWARDS**

Each child is encouraged to gain his or her Award (theory and practical) in accordance with their age group. These awards need to be gained by the end of the season and are achieved through Nipper day attendance.

UNDER 6	Surf Play 1
UNDER 7	Surf Play 2
UNDER 8	Surf Aware One
UNDER 9	Surf Aware Two
UNDER 10	Surf Safe One
UNDER 11	Surf Safe Two
UNDER 12	Surf Smart One
UNDER 13	Surf Smart Two (Includes Resuscitation Certificate)
UNDER 14	Surf Rescue Certificate (Become a Patrolling Member)



**PLEASE NOTE:** We do **NOT** teach children to swim. Parents and/or guardians are requested to enrol their child in a local swimming squad.

	Preliminary Evaluations		Competition Evaluation	Age Award
	Pool Evaluation	Competency Beach Evaluation (Run-Swim-Run)		
<b>Water Safety</b>	1:5	1:5	1:5	1:5
<b>Under 6</b>	Kick on wall with face in water 30 second float	Nil (shallow water activities only)	NA (No Competition)	Surf Play 1
<b>Under 7</b>	Torpedo (push off wall) with face in the water 30 second float	Nil (shallow water activities only)	NA (No Competition)	Surf Play 2
<b>Under 8</b>	25 metre swim (freestyle) 1 minute survival float	25m-25m-25m Run-Wade-Run	25m-25m-25m Run-Wade-Run	Surf Aware 1
<b>Under 9</b>	50 metre swim (freestyle) 1 minute survival float	50m-50m-50m Run-Swim-Run	Minimum 150m open water swim (competition course distance as per competition manual)	Surf Aware 2
<b>Under 10</b>	50 metre swim (freestyle) 1.5 minute survival float	50m-50m-50m Run-Swim-Run	Minimum 150m open water swim (competition course distance as per competition manual)	Surf Safe 1
<b>Under 11</b>	100 metre swim (freestyle) 2 minute survival float	50m-100m-50m Run-Swim-Run	Minimum 288m open water swim (competition course distance as per competition manual)	Surf Safe 2
<b>Under 12</b>	100 metre swim (freestyle) 2 minute survival float	50m-100m-50m Run-Swim-Run	Minimum 288m open water swim (competition course distance as per competition manual)	Surf Smart 1
<b>Under 13</b>	150 metre swim (freestyle) 3 minute survival float	100m-100m-100m Run-Swim-Run	Minimum 288m open water swim (competition course distance as per competition manual)	Surf Smart 2
<b>Under 14</b>	200 metre swim (freestyle, in less than 5 minutes) 3 minute survival float	100m-100m-100m Run-Swim-Run	Minimum 288m open water swim (competition course distance as per competition manual)	Surf Rescue Certificate (MUST be assessed by SRC/Bronze Assessor)

**Note :** Surf Race competitors 9-14 years require a 200m freestyle swim timed by a swim coach to compete in carnival swim events. Coaches will determine eligibility.

For further information refer to <http://www.kawanasurfclub.com.au/content/nipper-guidelines>

## **SURF EDUCATION ACTIVITIES**

- U/6's:** Instruction in **Surf Discovery**, plus Non-competitive events. Emphasis on enjoying surf club, developing teamwork, and establishing friendships.
- U/7's:** Instruction in **Surf Confidence**, plus Non-competitive events. Emphasis on enjoying surf club, developing teamwork, and establishing friendships.
- U/8's:** **Surf Aware 1** an understanding of aquatic venues; and awareness of SLSA; introduction to swimming and paddling a board in a surf or aquatic environment as well as beach sprinting) plus Competitive Events (sprint, flags and wade).
- U/9's:** **Surf Aware2** basic beach, ocean and aquatic sense; an awareness of hazards in beach or aquatic environments; development of swimming, paddling and surfing skills in a surf or aquatic environment and beach sprinting) plus Competitive Events (sprint, flags, surf swim and board paddling).
- U/10's:** **Surf Safe 1** usage trends and activities at local aquatic venues; knowledge of safety service in the local area; knowledge of surf zone and other aquatic characteristics plus Competitive Events sprint, flags, surf swim and board paddling and to develop/introduce running, wading, dolphining, swimming, paddling and surfing skills in a stable to moderate surf or aquatic environment.
- U/11's:** **Surf Safe 2** an awareness of self survival in surf and aquatic environments, basic airway management and introduction to first aid; expand running, wading, dolphining, swimming, paddling and surfing skills in a stable to moderate surf/aquatic environment. Competitive Events (sprint, flags, surf swim, board and iron person).
- U/12's:** **Competitive Events** sprint, flags, surf swim, board and iron person and **Surf Smart 1** enhanced understanding of surf life savers and lifesaving services; enhanced knowledge of surf zones and other aquatic zones; awareness of basic rescue skills and activities; and enhance running, wading, dolphining, swimming, paddling and surfing skills in a stable to moderate surf or aquatic environment.
- U/13's:** **Competitive Events** sprint, flags, surf swim, board and iron person and **Surf Smart 2** develop principles of first aid and basic knowledge of resuscitation skills; introductory skills in aided or unaided approaches and further enhance running, wading, dolphining, swimming, paddling and surfing skills in a stable to moderate surf or aquatic environment.
- U/14's:** **Competitive Events** sprint, flags, surf swim, board and iron person and Surf Life Saving Certificate award training and qualification. Under 14's are also eligible to become Probationary patrol Members upon satisfying certain criteria. Please contact the Lifesaving Coordinator for further information.

## FOR PARENTS / GUARDIANS

Welcome to Kawana Nippers. We are sure you will have an enjoyable season. To assist you with this we have set out a few guidelines below. If you have any problems or questions, please do not hesitate to speak to your Age Manager or one of our Committee members. If we don't know about it we can't help.

Please install Team App on your smartphone or device and search for your team

<https://kawananippers.teamapp.com/>.

Request access to your appropriate group/s this will allow for regular updates and access to information relating to Nippers at Kawana.

- Please ensure your child has completed their pool swim proficiency prior to participation in Nipper's ocean / beach activities.
- Please remember you are to remain at Nippers the entire time your child is there.
- Nippers must sign on with their Age Manager at the start of Nippers and **MUST be signed out by you** before leaving the group – please remind your child to remove their cap once they have been signed out.
- We can **NOT** have any water based activities if there are insufficient qualified Water Safety personnel.
- Carnival nominations must be made by you and not your child. Your child **MUST** have completed their Beach Evaluation and a 200m freestyle swim by swim coach and Competition Evaluation before nominating. Carnival fees are to be paid at time of nomination.
- You will be rostered to help with various activities including selling raffle tickets at the club, helping at the BBQ, setting up etc. Please ensure that you do help out throughout the season as Nippers is run ENTIRELY by volunteers.
- A Volunteer Levy has been set for the 2015 – 2016 Nipper season. Return of the Volunteer Levy at the end of the season will be dependent on you volunteering for a minimum number of these activities throughout the year.

THESE GUIDELINES ARE SET TO ENSURE THE SAFETY AND WELL BEING OF YOUR CHILD

### Important Note To Parents

Volunteer parental/guardian assistance plays an integral role in conducting this program, with many parents becoming qualified Lifesavers, thus, becoming role models for their own children. **Parent/Guardian Rosters will be drawn up for various duties.** If not rostered, please see the volunteer desk at the start of each nipper day to see how you can assist.

Water events require Water Safety Officers to assist with the safety and well being of the Nippers. The minimum requirement is one (1) Water Safety Officer per five (5) Nippers. For this we need a number of parents to gain their Bronze Medallion or Surf Rescue Certificate. Your son or daughter will be thrilled to know Mum or Dad will be with them helping out during the sessions.

***As a parent you are invited to become qualified to assist your children and others in the water. Kawana Waters SLSC will put you through a Surf Rescue Certificate course for free. A Blue card is essential for all parents.***

## ***The more you put in the more your children benefit.***

### **Parental / Guardian Code of Conduct**

**Nippers are NOT the only ones with a Code of Conduct.** If you have a problem at any time, the correct procedure to follow is to address the issue through the Age Manager or committee member.

Complaints are to be made in writing and delivered to the Chairperson or Secretary of the Junior Activity Committee. The complaint will be addressed in the next scheduled committee meeting or, depending on the nature of the complaint, a special meeting may be called.

There are also a number of important items below which need to be clearly defined; lack of adherence to these policies will be forwarded directly to the Senior Club for disciplinary action.

- Remember that children play sport for their enjoyment, not yours.
- Encourage children to participate, do not force them.
- Focus on the child's efforts and performance rather than winning or losing.
- Encourage children to always participate according to the rules.
- Support all efforts to remove verbal abuse from activities.
- Respect officials' decisions and teach children to do likewise.
- Show appreciation of volunteer coaches, officials, and administrators. Without them, your child could not participate.
- Parents are to demonstrate appropriate social behaviour by using appropriate language at all times and not harassing fellow members, competitors, coaches, team/age managers or officials.
- Remember young people compete for enjoyment and learn best from example. Don't let your behaviour detract from their enjoyment. Applaud good efforts by all members and other clubs.
- Never ridicule or yell at a child for making a mistake or losing a race. Follow appropriate procedures in order to question an official's or Team Manager's decision.
- Respect the rights, dignity and worth of every young person regardless of their gender, ability, cultural background or religion.

## AGE MANAGERS

Age Managers are generally volunteer parents of Nipper children. Age Managers are assigned to a particular age group for the year. They are responsible for organising the children in the age group each Sunday morning.

If you are volunteering to be an Age Manager for the 2017 – 2018 season – thank-you for your assistance. We are sure you will have an enjoyable season as Age Manager. To assist you with this we have set out a few guidelines below. If you have any problems or questions, please do not hesitate to speak to one of our committee members.

Please let the club know your email address at the start of the season and check your emails regularly for updates and information. You will have responsibility to pass on information throughout the season regarding Nipper days and any changes, beach / surf announcements (i.e. venue changes), carnivals etc.

- Please ensure only children who have completed their pool swim are to participate in Nippers (this will be on the age manager sheets). If you have a child who is not on your list OR marked as not having done their Pool Proficiency, please send them to the Chief Recorder or Registrar.
- Please remind parents and/or guardians of children in your age group that they are to remain at Nippers the entire time their child is there.
- Nippers must sign on at the start of Nippers and **MUST be signed out by their parents**, and remove their caps, before leaving the group.
- We can **NOT** have any water based activities if there are insufficient qualified Water Safety personnel.
- Carnival nominations must be made by the parent not the child. Those children nominating **MUST** have completed their competition proficiency and have paid their Carnival fees.
- We have information kits for Age Managers distributed by SLSQ if you would like some ideas.
- Parents and/or guardians in your age group will be rostered to help with various activities including selling raffle tickets at the club, helping at the BBQ, setting up etc. Please ensure that they are aware they are required to help out throughout the season.

**THE MAIN OBJECTIVE FOR PARENTS AND AGE MANAGERS IS TO  
ENSURE THE CHILDREN HAVE  
FUN, WHILST LEARNING ABOUT THE OCEAN!!**

## WATER SAFETY POLICY

Our environment is ever-changing and requires respect, skill and common sense when managing and participating in water activities. On some Sundays the conditions will be challenging and may require a decision on what activities can take place and who can participate.

The safety of our children and water safety personnel is paramount. The JA committee is responsible and must be assured that all involved are confident and competent to manage the conditions of the day.

Water activity participation for each Sunday will be determined:

- Through consultation and consensus of Age Managers, Water Safety Officer, IRB Officer, the JA Committee Chairperson, and the Surf Sports Officer and on-duty patrol captain.
- By the availability of competent water safety, and IRB driver(s) and crew.
- SLSA current Water Safety policies must be strictly adhered to.

Change of venue may be required when the beach is closed or better conditions for particular activities are available at another venue.

## ALTERNATE LOCATIONS FOR NIPPERS ACTIVITIES & TRAINING

Kawana Waters SLSC may use the following alternate sites for activities and training for the 2017 – 2018 season:

- Lake Kawana
- Dicky Beach
- Mooloolaba Spit
- Maroochydore Beach
- Currimundi Lake
- La Balsa Beach, Buddina
- Alexandra Headland

Please feel free to contact your Age Manager or any of the Committee members if you require clarification of the location of any of the above listed sites.

If the venue is to be changed it will updated on Team App.

## SURF SPORTS INFORMATION

### Carnivals

Throughout the year our club attends carnivals at various locations. This is a fun, learning experience and whilst children are encouraged to participate, attendance is optional. We are required to fulfil ratios for carnival officials and water safety officers depending on the number of children competing across the various age groups. For this reason it is a requirement for each family of a competing child at least 1 member must have an Officials Accreditation approved by SLSQ. Courses shall be run throughout the season to allow parents to gain their accreditation.

**OFFICIALS:** We must provide **1 official for every 8 nippers nominated** (see Age Managers or Nipper committee members for details)

**WATER SAFETY:** We must provide **1 water safety officer for every 15 nippers nominated** (see Age Managers or Nipper Committee members for details)

**NOMINATIONS:** Children wishing to nominate must have completed their Run-Swim-Run Proficiency, a 200m freestyle swim (for competitors U9 and over competing in surf swim and board events - time as determined by coaches) and Competition Evaluation, prior to nominating. Children may be required, at the discretion of the Selection Committee, to demonstrate their proficiency in their chosen events. This relates particularly to nomination for swimming events and is required to ensure the safety of each individual.

Nominations close 2 weeks prior to the carnival. Children wanting to participate must complete the carnival nomination form held by their Age Manager or Team Manager, or available on the club's website under 'Forms'.

**No late nominations will be accepted. Carnival fees must be paid prior to nomination. These can be paid at the start of the season, or prior to each carnival.**

**AWARDS:** As per Age Group requirements, must be completed by 31/12/17.

**ALCOHOL:** No Alcohol is to be consumed under the Club tent or surrounds.

**SMOKING:** No smoking is permitted under the club tent or surrounds.

### **Carnivals – What Happens, What Do I Do?**

- Arrival time for carnivals is generally 7am for an 8am start. It is important to arrive on time so that Age Managers can sign your child on and so that your child has time to warm up and check out the day's conditions. It is particularly important for team events so that we know we can enter the team as per nominations.
- Finish time for carnivals can be anywhere from 1pm to 4pm. This is dependent upon many factors so be prepared for a full day.
- If you cannot attend a carnival you have nominated for, PLEASE contact your Age Manager or the Team Manager prior to the carnival day to advise.
- Nominations fees are \$25 per child per carnival OR \$90 per child for ALL Branch carnivals in the season. This is subject to change throughout the season.
- Bring: chairs, sunscreen, full uniform including cap, hat, food for the day and plenty of water. There is food available to purchase but generally queues can be quite long. It is recommended to bring plenty of snacks such as: watermelon, bananas, sandwiches, chicken pieces, boiled eggs, "jube" lollies, protein bars etc.
- Look for the Kawana Waters SLSC tent when you arrive as that is where you will spend the best part of the day with the other families. Everyone is expected to stay under the tent as much as possible as Age Managers will take the children to their event for marshalling when called.
- Parents are NOT allowed in the competition area at any time – the competition area will be clearly marked. The Age Managers will look after your child whilst in this area. There are plenty of vantage points to watch your child outside of the competition arena.
- We always try to have a post carnival function at Kawana Waters Surf Club after every carnival. This is a great way to get together with other families and talk about the day's events and have a few drinks and relax after a busy day. Your Age Manager or Team Manager will let you know the details on the day.

## **Carnival Duties**

In order for your child/children to participate at carnivals at least one parent or older sibling **MUST** volunteer for one of the following duties for each carnival your child attends. This will help alleviate the work load for other parents. Your co-operation is greatly appreciated.

- Age Manager at least 2 per age group
- Carnival official it is a requirement that we provide 1 for every 8 competitors
- Water Safety officer it is a requirement that we provide 1 for every 15 competitors
- Collect tents from club and set up for carnival
- Stay behind and pack up tents and return to club after carnival
- Cook BBQ or organize alternative catering (e.g.pizza) at post carnival function at the Club, if organised
- Clean up and wash utensils from post carnival function

## **Selection Criteria – Teams/Individuals**

Teams will be selected by the Selection Committee, comprising:

- Club Coach
- Team Manager
- Director of Surf Sports
- Junior Activities (Nippers) Chairman (casting vote as required)

Should one person hold 2 roles they can only vote in their senior role.

The Selection Committee will be particularly taking into consideration results from race days and carnivals held throughout the season. Other factors that may be taken into consideration by the Selection Committee when selecting teams include:

- input from the coaches across various disciplines (swim, beach, boards, flags);
- performance on Club Carnival Day/s or other events deemed relevant by the selection committee (may include run offs held prior to race days where necessary);
- performance at training sessions and nipper days; and
- suggestions made by Age Managers.

### **Note the selectors on the panel will have the final selection decision.**

Selection for U11-14/15 State Titles is predominantly made by those who automatically qualify through their results at the Sunshine Coast Branch Titles (in individual or team events). For U12-14/15 competitors who have not automatically qualified through a team event and where there is no individual qualifying for individual events, a nipper will generally have to obtain a top 12 finish in an individual event at the Branch Titles for the club to automatically process their nomination for state titles and receive benefits that go along with entry in state titles such as a uniform allocation. U12-14/15 competitors who do not meet this selection criteria may be eligible to enter into the state titles if endorsed by the Selection Committee, with carnival registration and uniform allocation costs to be borne by the family.

The above listed criteria is aimed at making the selection transparent for all competitors and produce the most positive results for Kawana Waters SLSC. Any further assistance with uniforms and travel is entirely at the discretion on the JA Committee and as endorsed by the Senior Club Committee.



## **Midweek Training**

Additional sessions are held midweek to assist your child to improve their abilities with more focus towards competition. Children are generally arranged by group based on surf awareness and skills to provide the most suited development for your child.

The decision as to who is able to train and in which group is up to the Club coach, based on available qualified water safety and level of competency of the group and child. The coach's decision is final, as it is in the interest of the safety of all concerned, and the Club's "Duty of Care".

**Note – all sessions must be run with a ratio of 1 water safety to 4 or 5 nippers. If this ratio is not met, training cannot proceed or selection will be made as to who can train based on regular attendance or competency. Help is required from parents to meet this ratio at each session.**

We DO **NOT** teach your children how to swim at Nippers, we teach your children "surf awareness".

## **BOARD POLICY 2017/2018**

### **Junior Foam Boards (U9 To U10)**

- Boards will be available at Nipper mornings for the children to use. It is advisable to wear a rash shirt.
- For those that wish to train for carnivals there are boards available for lease for the season (see lease application form). The board is to be treated as your own and any repairs will be paid by the lessee. If absent for more than four weeks from training the board is to be returned to the club.

### **Junior Fiberglass Boards (U11-U13)**

- Foam boards will be used at nipper mornings for those U11-U13 not proficient at board paddling.
- For those that wish to train for carnivals there are boards available for lease for the season (see lease application form). The board is to be treated as your own and any repairs will be paid by the lessee. If absent for more than four weeks from training the board is to be returned to the club.

### **Junior Mal Boards (U14)**

- ¾ Foamie Mals will be used at nipper days for those U14 not proficient or confident in paddling Malibu boards. They are to be collected from the shed on the morning prior to the session and on immediate completion washed off and placed immediately back into the shed under the Age Managers supervision.
- For those who wish to train for carnivals there are boards available for lease at a cost dependent upon the condition of the board. The board is to be treated as your own and any repairs will be paid by the lessee. If absent for more than four weeks from training the board is to be returned to the club.

**NOTE: ALL LEASED BOARDS MUST BE BROUGHT TO NIPPERS EVERY SUNDAY**

## **GENERAL INFORMATION**

### **Membership Fees**

\$235.00 Family Membership *	Parent/s + 1 Nipper
\$255.00 Family Membership *	Parent/s + 2 Nippers
\$275.00 Family Membership *	Parent/s + 3 Nippers

*\* includes \$50 Volunteer Levy (refundable – see conditions below)*

Note – Any transfer fees applicable for members transferring from other clubs must be paid in addition to the above membership fees

### **Volunteer Levy**

The Volunteer Levy for the Nipper season is set at \$50 per family. To be eligible for a refund of the volunteer levy you must demonstrate at least one of the following contributions to Kawana Surf Club Nippers.

Committee Position, Coaching Position, Water Safety Support (for at least 75% season), Dedicated Age Manager (for at least 75% of the season) or be a Patrolling member who has completed at least 5 patrols at KWSLC for the 2017 season.

The refund of the Volunteer Levy will be paid at the end of the Nipper season to the Nipper family

If you have any questions regarding the Volunteer Levy please feel free to contact any of the Committee members or your Age Manager.

### **Committee Meetings**

Committee meetings are held each month in the Surf Club's Training Room generally each month (please contact a committee member to confirm if interested in attending).

### **Asthma/Medical Condition**

Children who suffer from asthma and/or any other medical condition that requires the ongoing use of prescription medication must provide a doctor's certificate to enable us to register them as an approved medication user, as per Surf Lifesaving Australia Guidelines.

### **Uniform**

The uniform consists of: Club Cap, Club Togs (optional encouraged particularly for competition), pink high visibility singlet (mandatory for training and carnivals) or rashie.

Recommended extra items are: Sunscreen, Hat, Wetshirt / Rashie, Water bottle.

### **Fundraising**

To maintain the high standard of the Kawana Waters SLSC Junior Activities, we encourage support from all parents and Nippers in ongoing fundraising efforts. Fundraising goes towards providing coaches, equipment and facilities for all to enjoy and benefit from. You will be advised throughout the season of fundraising ventures, including BBQ's, raffles and shopping centre collections etc, and social events. We look forward to seeing you there and making new friends.

### **Supporters Club**

The Kawana Waters Supporters Club offers a Loyalty Program for members on gaming, food and drinks. Membership Draws are held on Friday and Sunday. Pokie Promos, Keno, Trivia nights, club raffles and live entertainment on Fridays and Sundays nights.

Our bistro features a selection of quality meals at reasonable prices and is open for lunch and dinner every day.

Kawana Surf Club has a children friendly area next to the garden bar, and our focus is on a family environment.

**The club also runs a free Courtesy Bus – phone for bookings**

## **END OF SEASON TROPHIES/AWARDS**

A selection panel comprising the following parties will be responsible for the selection of Trophy/Award winners at seasons end:

- Club Coaches
- Team Managers
- Director of Surf Sports
- Age Managers
- JA Chairman (Deciding Vote)

## **Junior Club Carnival Day**

- Commencing the 2017/2018 Season we will conduct a single Club Carnival Day.
- Dates, order of events and guidelines will be advised throughout the season.

**IMPORTANT NOTE: The safety of our children is vital. If there is insufficient parent help to run the Club Carnival Day the committee has the right to cancel the event and is under no obligation to reschedule the day.**

## **BECOMING A SURF LIFE SAVING SURF SPORTS OFFICIAL**

- In an endeavour to increase official numbers all families of competitive children will be required to have one family member holding either a Level 0 or Level 1 Official Award.
- Officiating is a very rewarding activity which is recognized by the Australian Sports Commission (Federal Government).
- Becoming a Surf Sports Official is not unlike becoming a tradesperson. i.e. you serve an “apprenticeship” before being able to perform all associated duties.
- Officials are required to hold a ‘blue card’ as a prerequisite to becoming a Surf Official.
- You commence as a probationary official by completing a half day induction course at the SLSQ Sunshine Coast Branch HQ. This induction course outlines the role of the surf sport official and also gives you insight into the different events on offer.
- Following this course you have 12 months to attend surf sports events, where you will gain the necessary experience to fulfil the requirement to gain your level 1 accreditation. Over this twelve month period you will gain experience in the many different roles and areas of surf sport competition.
- There are various tasks and responsibilities that are required of a surf sports official. Some of these tasks include recording results, marshalling or calling up competitors, checking off competitors prior to events, starting events, judging finishes etc.
- Right from the outset you will be placed with other experienced officials who will be your mentors in the particular area to which you are allocated. As your experience and confidence grows you will be assessed and may be appointed to senior positions for various carnivals.

***There are senior experienced officials who have been around a long time and are always willing to assist. Please do not hesitate to utilize their resources as you are part of a team that supports the organisation and provides for fair competition.***

Officiating can be very enjoyable and provides a great chance to meet other club’s officials and competitors.

NOTES: