



QUEENSLAND  
EDUCATION  
CORPORATE & TRAINING

**2023/2024 INDIVIDUAL POOL SWIM FORM**

*Bronze Medallion: 400m in 9mins or less*

*Surf Rescue Certificate: 200m in 5 mins or less*

**Note:** This form can only be completed by a current SLSA Bronze Medallion and SRC Trainers and Assessors, or a Level 1 Swim Coach.

**Members Name:** \_\_\_\_\_ **DOB:** \_\_\_\_\_

**Members Club:** \_\_\_\_\_

**Location that Pool Swim was conducted:**

*I certify that the member named above completed a pool swim in a pool no less than 25m in length in the time detailed below.*

**Distance (please tick):**  400m  200m      **Swim Time:** \_\_\_\_\_ **Date:** \_\_\_\_\_

**Trainer/Assessor/Swim Coach Name:** \_\_\_\_\_

**Trainer/Assessor/Swim Coach Signature:** \_\_\_\_\_